

# A WARM WELCOME TO LUKASHUSET

AN OFFER OF RESPITE, SYMPTOM  
RELIEF AND HOSPICE CARE FOR  
CHILDREN AND YOUNG ADULTS



**SANKT LUKAS STIFTELSEN**





## LUKASHUSET

Lukashuset is a part of Sankt Lukas Stiftelsen located on Bernstorffsvej in Hellerup.

Lukashuset opened in November 2015 and is the first place in Denmark to offer respite, symptom relief and hospice care for children and young adults together with their families. Everyone is welcome regardless of their type of family, religion, and which part of Denmark they live in. Accommodation is free of charge and the duration of stay depends on the needs of the individual family.

When children and young adults suffer from a life-threatening illness the whole family is affected. Therefore, it's not only the child or young adult with the illness who is offered specialised care, but the entire family.

At Lukashuset, we have a special focus on quality of life and a stay here should

provide symptom relief, support and respite for every member of the family in order for them to achieve a better balance to their daily lives.

Children and young adults from 0 to 18+ years of age are welcome with their immediate families, other relations or their close friends. Lukashuset provides a warm and homely atmosphere.

At Lukashuset, we have room for 4 families, with each family apartment consisting of two connected rooms. The bathroom facilities are shared with the other families. In addition, there is access to a cosy 'common-room', a well-equipped kitchen, a lounge-room and a physiotherapy room, as well as a large bathtub for relaxation. Outside there is a large terrace, a sensory garden with a trampoline and some playground equipment.



## WHAT TO BRING

Please bring whatever makes your everyday life easier for you. If you have your own suction machine that you are used to using, you are free to bring it. We have a lift in the house. We would like you to bring medicine for at least the first three days and the same applies if you need special care-items.

Please bring clothes and personal items. Each family has a locker where you can lock up your valuables when you leave your rooms.

You are welcome to bring your own bed linen, if you prefer. If not, we can provide it here in Lukashuset.

You are also welcome to personalise your rooms, so please feel free to bring pictures or posters.



## FOOD

If you like, you can do your own shopping and cook your own meals in our shared kitchen, which has a selection of basic ingredients for everyone to use. Out of consideration for other users, and for hygiene reasons, it is important that the shared kitchen is always cleaned and tidied after use.

You can also choose to order meals from the central kitchen at Sankt Lukas Stiftelsen in exchange for a small fee for relatives: breakfast 15 DKK, lunch 20 DKK, dinner 25 DKK. The central kitchen has a daily menu and cooks varied and tasty meals.

The patients' food is always free of charge.



## LAUNDRY ROOM

We have a laundry room where it is possible to wash your own clothes.



## TV/INTERNET

All rooms have a smart TV, and we provide free Wi-Fi. We also have Play-Station and WiiUs.



## STAFF

Nurses are present 24 hours a day.

On the staff at Lukashuset is an experienced team of doctors with specialist training in general practice, palliative care and paediatrics.

Longer conversations with any of our doctors can be arranged as required. Lukashuset works in close cooperation with the child's usual hospital department and medical team.

In addition to doctors and nurses, we have a physiotherapist, a pedagogue, a social worker, a psychologist and a chaplain. We enjoy weekly visits from a professional violinist and from a member of the Danish Hospital Clown's Association.

We also have a team of volunteers who help with various daily tasks.



## HOW TO FIND US

Lukashuset  
Sankt Lukas Stiftelsen  
Bernstorffsvej 20  
2900 Hellerup  
T: 39 45 51 10

## PUBLIC TRANSPORT

- Bus 150S from Kokkedal Station to Nørreport Station. Please get off at the intersection of Lyngbyvejen and Tuborgvej (the stop is called Tuborgvej).
- Bus 21 from Rødovre Station to Hellerup Station. Please get off in front of Sankt Lukas Stiftelsen (the stop is called Sankt Lukas Stiftelsen).
- Hellerup Station is an easy 10-minute walk from Lukashuset.

## PARKING

Parking is available in front of Sankt Lukas Stiftelsen, there is an entrance both from Bernstorffsvej and Tuborgvej and there are plenty of parking spaces. From here walk through the main entrance gate, turn left at the information desk and walk down the hall until you see Lukashuset directly in front of you. You are also welcome to ask for Lukashuset at the information desk.

The gate and the building that houses Lukashuset is locked between 9 pm and 7 am. Please use the entry phone to Lukashuset at the main entrance.

Visitors are always welcome, though we do expect a certain level of consideration for the other families.

**WE LOOK FORWARD TO SEEING YOU**

